## **TEST CHANGE**



Notification Date: December 5, 2025 Effective Date: December 5, 2025

# **Histamine Plasma**

Test ID: FHSPL

**Explanation:** Collection instruction for the processing of specimens for Test ID FHSPL-Histamine Plasma, referred to Eurofins Viracor is effective immediately.

### **Current Specimen Required**

Specimen Type: Plasma

Collection Container/Tube: Lavender top (EDTA)

Submission Container/Tube: Plastic vial

Specimen Volume: 3 mL

Collection Instructions:

Draw 3 mL blood in a lavender-top (EDTA) tube(s). Cool immediately on ice. **Centrifuge at 1500 rpm for 10 minutes at 4 degrees C.** The centrifugation should be performed within 20 minutes of collection. Carefully remove 1 mL of EDTA plasma from the upper part of the tube. Freeze and send frozen in a plastic vial.

### **New Specimen Required**

Specimen Type: Plasma

Collection Container/Tube: Lavender top (EDTA)

Submission Container/Tube: Plastic vial

Specimen Volume: Plasma 1 mL

Collection Instructions:

- 1. Draw 3 mL blood in a lavender-top (EDTA) tube(s).
- 2. Cool immediately on ice.
- 3. Centrifugation should be performed within 20 minutes of collection at 900 rpm for 10 minutes at 4 degrees C.
- 4. Carefully remove 1 mL of EDTA plasma from the upper part of the tube.
- 5. Send frozen.

#### **Questions:**

Contact MCS Referrals Supervisors Amy Bluhm or Heather Hilgart at 800-533-1710.